

Shining the Light on Domestic Abuse

How to Spot Domestic Abuse Before It Spirals Out of Control

A Domestic Abuse Education Program for Advocates and Healthcare Providers

PROGRAM DESCRIPTION

The most dangerous aspect of family violence is the set of myths surrounding it. Dr. Jeanne King shatters myths that haunt us in the home and taunt us in our communities, helping victims and assisting their advocates to better protect those in danger. Through real-life stories, she sheds light on the psychosocial mechanisms that foster abuse beyond control and shows how to spot a dangerous relationship before it's too late.

This program will strengthen your ability to serve as a catalyst for domestic abuse intervention and enhance your success as a gatekeeper for family violence in your community. Bridging psychology and domestic abuse advocacy, Dr. King provides a conceptualization of battering as a psychosocial addiction to control. She shows the signals symptomatic of intimate partner violence, addresses the inner experience and the psychophysiological bruises of being in a battering relationship and offers clinical, psychotherapeutic strategies to guide domestic abuse victims/survivors toward enhanced awareness and inner truth.

You will get the keys to breaking the abuse dynamic and interrupting the cycle of family violence between individuals and across generations. You will see the most dangerous myths about family violence, recognize the lens you view battering through, and learn how to shine the light on domestic abuse in order to facilitate change and restore healing for those you serve.

LEARNING OBJECTIVES

- 1) List 5 characteristics symptomatic of intimate partner violence (IPV)
- 2) Distinguish between violence as a manifestation of IPV and violence as a byproduct of aggressive behavior associated with excessive stress or substance abuse
- 3) Describe the relationship between spousal abuse, prenatal abuse and child abuse
- 4) Identify 7 examples of the subtle communication patterns of battering relationships
- 5) Recognize your personal biases and judgments that you bring to advocacy interactions and experience strategies for being expectation and judgment-free with those you serve
- 6) Discuss and demonstrate the essential keys to shining the light on domestic abuse and facilitating another in uncovering their own inner truth

Jeanne King, Ph.D. Biography

Dr. Jeanne King is a psychologist, professional speaker and leading expert in identifying the subtle communication patterns of battering relationships. She helps people in healthcare and social services spot domestic abuse and heal the wounds of interpersonal violation.

Dr. King earned her doctorate in Psychology from Northwestern University and served as a clinical psychologist in bio-behavioral medicine for over 20 years. She authored *All But My Soul: Abuse Beyond Control* and numerous published articles on intimate partner violence and relationship battering. Dr. King is known for her ability to bridge psychology, healthcare and domestic abuse victim/survivor advocacy.